

Refer to the phonetic chart and write the sentence based on the IPA symbols:

/ə/ /haɪk/ /ɪz/ /ə/ /lɒŋ/, /'vɪgərəs/ /wɔ:k/, /'ju:zuəli/ /ɒn/

/treɪlz/ /ɔ:/ /'fʊtpa:θs/ /ɪn/ /ðə/ /'kʌntrɪsaɪd/.

/'wɔ:kɪŋ/ /fɔ:/ /'plezə/ /dɪ'veləpt/ /ɪn/ /'jʊərəp/ /'dʒʊərəɪŋ/ /ði/

/,eɪ'ti:nθ/ /'sentʃəri/.

/lɒŋ/ /haɪks/ /æz/ /pɑ:t/ /ɒv/ /ə/ /rɪ'lɪdʒəs/ /'pɪlgrɪmɪdʒ/ /hæv/

/ɪg'zɪstɪd/ /fɔ:r/ /ə/ /mʌtʃ/ /'lɒŋgə/ /taɪm/.

"/'haɪkɪŋ/" /ɪz/ /ðə/ /prɪ'fɜ:d/ /tɜ:m/ /ɪn/ /'kænədə/ /ænd/ /ðə/

/ju:'naɪɪd/ /starts/; /ðə/ /tɜ:m/ "'wɔ:kɪŋ/" /ɪz/ /ju:zd/ /ɪn/

/ði:z/ /'ri:dʒənz/ /fɔ:/ /'ʃɔ:tə/, /pə'tɪkjələli/ /'zɪbən/ /wɔ:ks/.

/ɪn/ /ðə/ /ju:'naɪɪd/ /'kɪŋdəm/ /ænd/ /'aɪələnd/, /ðə/ /wɜ:d/

"'wɔ:kɪŋ/" /dɪ'skraɪbz/ /ɔ:l/ /fɔ:mz/ /ɒv/ /'wɔ:kɪŋ/, /'weðər/

/ɪt/ /ɪz/ /ə/ /wɔ:k/ /ɪn/ /ðə/ /pɑ:k/ /ɔ:/ /'bæk,pækɪŋ/ /ɪn/ /ði/

/ælpz/.

/ðə/ /wɜ:d/ /'haɪkɪŋ/ /ɪz/ /'ɔ:lsəʊ/ /'ɒfən/ /ju:zd/ /ɪn/ /ðə/

/ju:-keɪ/, /ə'lɒŋ/ /wɪð/ /'ræmblɪŋ/, hillwalking, /ænd/ /fel/

/'wɔ:kɪŋ/ (/ə/ /tɜ:m/ /'məʊstli/ /ju:zd/ /fɔ:/ hillwalking /ɪn/

/ˈnɔːðən/ /ˈɪŋɡlənd/).

/ðə/ /tɜːm/ bushwalking /ɪz/ /enˈdemɪk/ /tuː/ /ɒsˈtreɪliə/,

/ˈhævɪŋ/ /biːn/ /əˈdɒptɪd/ /baɪ/ /ðə/ /ˈsɪdni/ /bʊf/ /ˈwɔːkəz/

/klaʊb/ /ɪn/ 1927.

/ɪn/ /njuː/ /ˈziːlənd/ /ə/ /lɒŋ/, /ˈvɪɡərəs/ /wɔːk/ /ɔː/ /haɪk/ /ɪz/

/kɔːld/ /ˈtræmpɪŋ/.

/ɪt/ /ɪz/ /ə/ /ˈpɒpjələr/ /ækˈtɪvəti/ /wɪð/ /ˈnjuːmərəs/ /ˈhaɪkɪŋ/

/ˌɔːɡənaɪˈzeɪʒənz/ /ˌwɜːldˈwaɪd/, /ænd/ /ˈstædɪz/ /səˈdʒest/

/ðæt/ /ɔːl/ /fɔːmz/ /ɒv/ /ˈwɔːkɪŋ/ /hæv/ /helθ/ /ˈbenɪfɪts/.

ANS:

A hike is a long, vigorous walk, usually on trails or footpaths in the countryside.

Walking for pleasure developed in Europe during the eighteenth century.

Long hikes as part of a religious pilgrimage have existed for a much longer time.

"Hiking" is the preferred term in Canada and the United States; the term

"walking" is used in these regions for shorter, particularly urban walks.

In the United Kingdom and Ireland, the word "walking" describes all forms of walking, whether it is a walk in the park or backpacking in the Alps.

The word hiking is also often used in the UK, along with rambling, hillwalking, and fell walking (a term mostly used for hillwalking in northern England).

The term bushwalking is endemic to Australia, having been adopted by the Sydney Bush Walkers Club in 1927.

In New Zealand a long, vigorous walk or hike is called tramping.

It is a popular activity with numerous hiking organizations worldwide, and studies suggest that all forms of walking have health benefits.